

# 3 Night Southern Snowdonia Self-Guided Walking Holiday

**Trip style:** Self-guided walking

**Destination:** 📍 Snowdonia

**Trip code:** DOL03-POA06

**Grades:** ul 1, 2, 3, 4 & 5

**Carbon Footprint:** 🌳 53kg CO2



## HOLIDAY OVERVIEW

A perfect introduction to Southern Snowdonia (Eryri), this self-guided walking holiday gives you the flexibility and freedom to do as much or as little as you please. Activities within easy travelling distance include the Mawddach Trail and Coed y Brenin Forest Park. The Ffestiniog & Welsh Highland Railway and Llanfair Slate Caverns are also within easy reach.

## WHAT YOU'LL LOVE

- Exploring the Southern Snowdonia (Eryri) landscape on foot
- Climbing to the summit of the 893-metre-high Cader Idris
- Discovering more peaceful parts of North Wales' most famous park
- Relaxing on the lovely sands at Barmouth Beach
- Making use of our detailed route notes and recommendations
- Staying at Dolserau Hall, our Victorian country house

## WHAT'S INCLUDED

- En-suite accommodation in our 4-star country house
- Cream tea on arrival day
- Cooked or continental breakfast every morning
- Daily packed lunches
- Three-course evening meals, plus tea & coffee
- Easy-to-follow routes, maps, and information available in our Discovery Point if you want to explore independently

## TRIP SUITABILITY

Explore at your own pace and choose the best walk for your pace and ability.

## ITINERARY

### **Day 1:** Arrival Day

Check-in at the hotel is available from 16:00. If you are a member you can arrive at the house from 14:00. Enjoy a complimentary cream tea at 16:30 and meet other guests.

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### **Day 2-3:** Leg Stretcher Walks

These are a selection of longer walks that allow you to discover local highlights and viewpoints. Due to the remote areas that several walks visit, the use of a car is required. The walks you'll find in our Discovery Point at Dolserau Hall range from 3 to 5.5 miles and visit popular areas such as Harlech Beach and Bird's Rock, and the classic Precipice Walk just north of Dolgellau.

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### **Day 2-3:** Laid Back Walks

Our easiest selection means walking at a relaxed pace, often stopping and spending time at places of interest along the way. Some are circular walks that start and end on the doorstep of our country house; others require the use of a car. The walks you'll find in our Discovery Point at Dolserau Hall range from 1 to 2.6 miles and visit popular areas such as Coed y Brenin Waterfalls, Llandanwg Beach, and Castell y Bere.

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### **Day 2-3:** Full on Walks

These walks are ideal for those with more stamina who can push themselves to go that extra mile. Some are circular walks that start and end on the doorstep of our country house; others require the use of a car. The walks you'll find in our Discovery Point at Dolserau Hall range from 5.5 miles to 12.2 miles and visit popular peaks such as Cadair Idris and Rhobell Fawr.

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### **Day 4:** Departure Day

Enjoy a leisurely breakfast before making your way home.

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## Dolserau Hall

We're delighted to share that Dolserau Hall has now reopened following a significant investment in this much-loved Welsh HF Country House. With beautifully updated social spaces, refreshed bedrooms, and thoughtful enhancements throughout, it's the perfect moment to rediscover this special spot in southern Eryri (Snowdonia). Read more. Dolserau Hall enjoys arresting countryside views at this Victorian manor house at the southern end of Snowdonia (Eryri) National Park. The location is idyllic; think ancient woods and craggy uplands in all directions (parts of the park served as the inspiration for Middle Earth in JRR Tolkien's *The Lord of the Rings*). There's no shortage of things to do, either, including following the Mawddach Trail along the edge of the Mawddach Estuary, discovering the compact range of hills known as the Rhinogs, and climbing the rugged foothills of Cader Idris – the highest mountain in southern Snowdonia (Eryri) at 893 metres. You'll also be close to Dolgellau, the small market town best known for its once flourishing woollen industry (ruins of the Pandy fulling mills used to remove fats and grease from the wool cloth can still be seen along the Afon Aran River). With only 21 rooms, it's one of HF Holidays' smaller country houses and 40% of it's rooms are reserved for singles, making it easier than ever to have your own space.

### A warm welcome

We want you to feel comfortable from the moment you arrive. You'll find a welcome pack in your room with guest registration forms, menus, order forms for dinners and picnic lunches, the Wi-Fi password, and the front door code. Our houses are locked at night, so we recommend noting the Duty Manager's number on arrival in case of an emergency (or getting locked out).

### Evening entertainment

While evening entertainment varies from house to house, HF Holidays Inter-House Quiz night held after dinner on Wednesdays is a weekly staple. Your HF Holidays leader may be around for tips on guided and self-guided walking routes as well as visit-worthy local attractions.

### Walks talks

Our HF Holidays walk leaders host guided walking information briefings before dinner on guided walking holiday arrival days. This is followed by a group Walks Talk for information on the following day's guided walks (held before dinner every evening). Self-guided walking guests are, of course, welcome.

### The walking day

Prior to setting off on guided walks, your HF Holidays Leader will run you through a short safety briefing. There's also an up-to-date weather forecast on display at the house to ensure you have appropriate clothing and footwear. If you choose to do your own walks or are on a self-guided walking holiday, we ask that you please complete an Independent Walker Card each day. These can be found near the Discovery Point in the house.

### Walking safety - SHARED WITH ALL (Self-guided)

Please complete and hand in your registration card to the House Manager on the first evening of your holiday. Please complete our Independent Walker Card each day before heading out on your self-guided walks. Please note the phone number of the accommodation where you are staying (see Travel details section of your trip notes). Check the weather forecast – this is updated regularly and displayed on the Discovery Point. Be prepared for the

weather to change during the day and wear appropriate footwear such as walking boots. We would recommend that you wear or carry a waterproof jacket and trousers, a spare warm jumper or fleece, hat and gloves. In addition, we recommend a water bottle, spare food, map, compass, torch, whistle, small first aid kit and survival bag Take a copy of a map and a route card Be aware of ticks – more information can be found at the Discovery Point

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### **Packing list - UK Guided Walking**

The UK has a famously unpredictable climate so it's best to be prepared for weather that's sunny one minute and raining the next. To make it easier, here's a list of items you should consider packing. Essentials Suitable footwear such as waterproof walking boots that provide ankle support and good grip Waterproof and windproof jacket Comfortable clothing (jeans & waterproof capes are not suitable) Mid-layer(s) to keep you warm. Fleeces make a good choice Waterproof overtrousers Gloves and a warm hat Rucksack with waterproof liner Flask for hot drinks Water bottle (at least 1 litre capacity) Sunscreen UV sunglasses For holidays operating October through to the end of March, please also bring the following on your walks: spare warm clothing spare high energy food head torch and spare batteries please note for the October to March season your waterproof jacket needs to offer a high level of waterproofing and wind resistance, and a hood. Look for a waterproof jacket with sealed/taped seams and a minimum HH (hydrostatic head - this is the rating given on waterproof jackets) of 10,000mm+ Recommended Several base layers (long-sleeve or short-sleeve) Cushioned walking socks to avoid blisters First aid kit, including plasters and insect repellent Sit mat Waterproof pouch for valuables Rubbish bag (remember to always leave no trace) Wallet/purse Camera Walking poles

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