

# 4 Night Southern Yorkshire Dales Walking with Sightseeing Holiday

**Trip style:** Walking with sightseeing

**Destination:**  Yorkshire Dales

**Trip code:** MDL04-WOD01

**Grades:** 1, 1

**Carbon Footprint:**  72kg CO2



## HOLIDAY OVERVIEW

These holidays offer a perfect mix of short, guided walks (4-5 miles), combined with time spent sightseeing. Visit a selection of standout highlights in the Southern Yorkshire Dales with hassle-free coach travel and the help of an HF Holidays Leader.

## WHAT YOU'LL LOVE

- Discovering the best of the Southern Yorkshire Dales
- Walking along Wharfedale to Bolton Abbey
- Visiting the World Heritage site of Fountains Abbey
- The remarkable limestone scenery at Malham Cove
- Exploring the picturesque village of Grassington
- Staying in the comfort of our country house
- A more personalised experience thanks to small group sizes (maximum 15 people)

## WHAT'S INCLUDED

- En-suite accommodation in our 4-star country house
- Cream tea on arrival day
- Cooked or continental breakfast every morning
- Daily packed lunches
- Three-course evening meals, plus tea & coffee
- Guided walks and sightseeing visits with an experienced HF Holidays Leader
- All transport to and from walks and sites of interest
- Easy-to-follow routes, maps, and information in our Discovery Point if you want to explore independently

**Please note** - Entrance fees are not included. See more information tab for details.

## TRIP SUITABILITY

This trip is graded Activity Level 1. Walks are up to 4½ miles (7km) with up to 650 feet (200m) of ascent; walking generally on good paths and tracks; some rocky or stony sections.

## ITINERARY

### **Day 1:** Arrival Day

Check-in at the hotel is available from 16:00. If you are a member you can arrive at the house from 14:00. Enjoy a complimentary cream tea at 16:30 and meet other guests.

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### **Day 2:** Fountains Abbey

Distance: 4½ miles (7km) Ascent: very little In summary: Today we visit the World Heritage Site of Fountains Abbey & Studley Royal. We visit the ruins of the 12th century Cistercian Abbey and Fountains Mill for an induction to its history with its audio-visual presentation. We then enjoy "a walk through the centuries", taking in the impressive water gardens, ponds & cascades, follies & classical temples. Many of you will have National Trust membership already, so we haven't included the entrance fee to Fountains Abbey in your holiday price, as you'll be entitled to free entrance on showing your NT membership card. If you're not a NT member, please allow approx. £18 for entrance fees today.

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### **Day 3:** Grassington, the Dales Way and Bolton Abbey

Distance: 4 miles (6km) Ascent: 400 feet (120m) In summary: Our first stop today is at Grassington, where there's time to explore this picturesque village, wander down to Linton Falls, visit the National Park Centre, or to relax in one of its tea shops. We then travel to Bardon Bridge to begin our walk, following a scenic section of the Dales Way, to the Cavendish family's Bolton Estate. We walk past the Strid, where the river is forced through a deep, narrow sandstone channel, before a woodland section eventually brings us to the 12th century Bolton Priory Church and Bolton Abbey Village.

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### **Day 4:** Malham

Distance: 4½ miles (7km) Ascent: 250ft (80m) In summary: We start today's walk surrounded by wonderful limestone scenery, at Malham Tarn - the highest lake in England. Our walk takes us to the famous limestone pavement at the top of Malham Cove (from April - end of July, if we're lucky we may see the Peregrine Falcons that nest here). After we arrive at Gordale Bridge we visit the magical Janet's Foss, a delightful waterfall set in woodland. We finally make our way into Malham village where there's time to explore and enjoy a cup of Yorkshire tea or beer in the local tea shops and pubs.

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### **Day 5:** Departure Day

Enjoy a leisurely breakfast before making your way home.

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## Newfield Hall

Looking every inch the baronial mansion, Newfield Hall sits in two acres of grounds near the village of Malham at the southern base of Yorkshire Dales National Park. Given it was this very landscape which inspired Wordsworth to write a sonnet and Charles Kingsley to pen *The Water Babies*, the countryside views are as gorgeous as you'd imagine. You'll also have plenty of sightseeing greats within easy travelling distance, most notably Malham Tarn, Janet's Foss, Gordale Scar, Malham Cove, and The Dry Valley of the Watlowes. And then, of course, there's Yorkshire's famous trio of summits: Pen-y-ghent, Whernside, and Ingleborough, collectively known as the three peaks. Stay at Newfield Hall and experience the exceptional service of a VisitEngland ROSE award winner. Find out more about the latest accolade awarded to our country house in the Southern Yorkshire Dales by reading our latest blog.

### A warm welcome

We want you to feel comfortable from the moment you arrive. You'll find a welcome pack in your room with guest registration forms, menus, order forms for dinners and picnic lunches, the Wi-Fi password, and the front door code. Our houses are locked at night, so we recommend noting the Duty Manager's number on arrival in case of an emergency (or getting locked out).

### Evening entertainment

While evening entertainment varies from house to house, HF Holidays Inter-House Quiz night held after dinner on Wednesdays is a weekly staple. Your HF Holidays leader may be around for tips on guided and self-guided walking routes as well as visit-worthy local attractions.

### Walks talks

Our HF Holidays walk leaders host guided walking information briefings before dinner on guided walking holiday arrival days. This is followed by a group Walks Talk for information on the following day's guided walks (held before dinner every evening). Self-guided walking guests are, of course, welcome.

### The walking day

Prior to setting off on guided walks, your HF Holidays Leader will run you through a short safety briefing. There's also an up-to-date weather forecast on display at the house to ensure you have appropriate clothing and footwear. If you choose to do your own walks or are on a self-guided walking holiday, we ask that you please complete an Independent Walker Card each day. These can be found near the Discovery Point in the house.

### Walking safety - SHARED WITH ALL

Walks may be changed for safety reasons and are subject to a maximum and minimum number of guests. Leaders always consider the safety of the group as a whole, and may need to alter or curtail the walk if the conditions dictate. Your leader may refuse to accept a guest where clothing, equipment or behaviour is unsuitable. In the event of a problem all leaders carry a mobile phone, first aid kit, group shelter, spare maps and a compass. Please note: If you choose to leave the group your leader is no longer responsible for you. If you have a particular health condition or disability please put this on your guest registration form. This information will be confidential to your leaders and the house manager, but leaders do need to take account of any issues when planning walks. Please carry a copy of these trip notes with you, or note down the contact phone number for your accommodation (details in the travel

section) should you need them in case of emergency.

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### **Packing list - UK Guided Walking**

The UK has a famously unpredictable climate so it's best to be prepared for weather that's sunny one minute and raining the next. To make it easier, here's a list of items you should consider packing. Essentials Suitable footwear such as waterproof walking boots that provide ankle support and good grip Waterproof and windproof jacket Comfortable clothing (jeans & waterproof capes are not suitable) Mid-layer(s) to keep you warm. Fleeeces make a good choice Waterproof overtrousers Gloves and a warm hat Rucksack with waterproof liner Flask for hot drinks Water bottle (at least 1 litre capacity) Sunscreen UV sunglasses For holidays operating October through to the end of March, please also bring the following on your walks: spare warm clothing spare high energy food head torch and spare batteries please note for the October to March season your waterproof jacket needs to offer a high level of waterproofing and wind resistance, and a hood. Look for a waterproof jacket with sealed/taped seams and a minimum HH (hyrodstatic head - this is the rating given on waterproof jackets) of 10,000mm+ Recommended Several base layers (long-sleeve or short-sleeve) Cushioned walking socks to avoid blisters First aid kit, including plasters and insect repellent Sit mat Waterproof pouch for valuables Rubbish bag (remember to always leave no trace) Wallet/purse Camera Walking poles

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