

# 7 Night Discover More of the Peak District

**Trip style:**

**Destination:**  Peak District

**Trip code:** POP07-HCH05

**Carbon Footprint:**  113kg CO2



## HOLIDAY OVERVIEW

Explore historic country estates, dramatic scenery, and places that played a pivotal role in Britain's Industrial Revolution with this small group guided tour of the Peak District. Find out how it became the UK's first national park, enjoy a heritage railway ride through the Ecclesbourne Valley, and pay a visit to the past at Crich Tramway Village - a living museum complete with a working pub, café, vintage sweetshop, and trams. To top it all, there's a private tour of Tissington Hall, an early 17th century Jacobean mansion house and Grade II-listed building.

## WHAT YOU'LL LOVE

- A talk from the National Trust on the Peak District National Park's history
- Riding the heritage railway through Ecclesbourne Valley
- A private guided tour of Tissington Hall
- Exploring Magpie Mine, a 19th-century lead mine
- Spending time in the quirky town of Wirksworth
- Visiting Crich Tramway Museum

## WHAT'S INCLUDED

- En-suite accommodation in our 3-star country house
- Cream tea on arrival day
- Cooked and continental breakfast every morning
- Daily packed lunches
- Three-course evening meals, plus tea & coffee
- Guided sightseeing with an experienced HF Holidays leader
- All transport included in the itinerary
- All entrance fees
- Easy-to-follow routes, maps and information in our Discovery Point if you want to explore independently

## TRIP SUITABILITY

This holiday is active and busy with visits throughout the day. You will need to be able to get on and off minibuses with ease, and be able to walk up to 2 miles, across uneven, grassy terrain where the ground can be slippery underfoot. It is important for your own and your fellow guests' enjoyment that you can maintain the pace. We've provided a simple fitness test below, which will help you assess whether this holiday is for you:

You should be able to do the following:

- Walk for one hour at a reasonable pace (2 miles per hour) without needing to take a break to rest
- Climb two flights of stairs at a reasonable pace
- Stand unaided for an hour
- Stand up and sit down ten times in one minute
- Please ensure you are able to fulfil these fitness requirements, to ensure you get the very best from your holiday.

## ITINERARY

### **Day 1:** ARRIVAL DAY

You're welcome to check in at Peveril of the Peak from 4pm onwards. Enjoy a complimentary cream tea on arrival.

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### **Day 2:** WIRKSWORTH

We journey to the market town of Wirksworth where we will go on a town tour and admire historic and architectural gems. Afterwards, there'll be some free time to explore the town's quirky independent shops and vibrant cafes in the high street. We'll then head to Wirksworth Station, taking a return trip on Derbyshire's longest heritage railway through the Ecclesbourne Valley.

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### **Day 3:** HIGHER PLAINSTEADS FARM & BUXTON

We travel to the family-run Higher Plainsteads Farm to learn more about the workings of the farm and about the environment and heritage of the area (season depending). In the afternoon, we journey to Buxton to enjoy a guided Buxton Crescent experience. We end our tour with the opportunity to sample the famous water before spending free time in Buxton.

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### **Day 4:** ETHEL HAYTHORNTHWAITE & CRICH TRAMWAY VILLAGE

This morning, we spend our time delving into the history of the Peak District. We'll learn about Ethel Haythornthwaite, whose work on protecting the rural landscape of Sheffield was key in helping set up the Peak District as the UK's first national park. Our final stop of the day is to Crich Tramway Village where we'll visit the museum and take a ride on the trams.

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### **Day 5:** FREE DAY

Discover more about Peveril of the Peak and the local area for ideas on how to make the most of your free day.

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### **Day 6:** MAGPIE MINE & BAKEWELL

Today we'll visit Magpie Mine, Derbyshire's last working lead mine and one of the best surviving examples of a 19th century lead mine in the UK. We then head to Bakewell, home of the famous pudding, to enjoy a guided tour of the town and local museum. Our final stop is the Peak District Mining Museum to learn more about the region's mining industry.

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### **Day 7:** TISSINGTON HALL & MASSON MILLS

We start our day with a private guided tour of Tissington Hall. The hall was built in 1609 by the FitzHerbert family who still reside there today. We then head to the National Stone Centre which is made up of six limestone quarries. Here we have the chance to learn more about the importance and history of stone and its allied industries. Later, we enjoy a guided tour of Masson Mills to discover the extensive collection of historic textile machinery of Sir Richard

Arkwright's 1783 powered cotton spinning mill.

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**Day 8:** DEPARTURE DAY

Departure after breakfast.

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## The Peveril of the Peak

Named after Sir Walter Scott's Peak District-set novel, this characterful country house is less than a mile from the famous Dovedale Stepping Stones and on the doorstep of Thorpe Cloud - a cone-shaped limestone hill that offers impressive views over the rolling green landscape that forms the Staffordshire/Derbyshire border. Both are easily accessible from the rear of the property. There are plenty of big-name walking destinations nearby including the Roaches, the impressive Stanage Edge, and the Twelve Apostles - a group of rock spires best viewed from the limestone promontory known as Lover's Leap.

### A warm welcome

We want you to feel comfortable from the moment you arrive. You'll find a welcome pack in your room with guest registration forms, menus, order forms for dinners and picnic lunches, the Wi-Fi password, and the front door code. Our houses are locked at night, so we recommend noting the Duty Manager's number on arrival in case of an emergency (or getting locked out).

### Evening entertainment

While evening entertainment varies from house to house, HF Holidays Inter-House Quiz night held after dinner on Wednesdays is a weekly staple. Your HF Holidays leader may be around for tips on guided and self-guided walking routes as well as visit-worthy local attractions.

### Walks talks

Our HF Holidays walk leaders host guided walking information briefings before dinner on guided walking holiday arrival days. This is followed by a group Walks Talk for information on the following day's guided walks (held before dinner every evening). Self-guided walking guests are, of course, welcome.

### The walking day

Prior to setting off on guided walks, your HF Holidays Leader will run you through a short safety briefing. There's also an up-to-date weather forecast on display at the house to ensure you have appropriate clothing and footwear. If you choose to do your own walks or are on a self-guided walking holiday, we ask that you please complete an Independent Walker Card each day. These can be found near the Discovery Point in the house.

### Walking safety - SHARED WITH ALL

Walks may be changed for safety reasons and are subject to a maximum and minimum number of guests. Leaders always consider the safety of the group as a whole, and may need to alter or curtail the walk if the conditions dictate. Your leader may refuse to accept a guest where clothing, equipment or behaviour is unsuitable. In the event of a problem all leaders carry a mobile phone, first aid kit, group shelter, spare maps and a compass. Please note: If you choose to leave the group your leader is no longer responsible for you. If you have a particular health condition or disability please put this on your guest registration form. This information will be confidential to your leaders and the house manager, but leaders do need to take account of any issues when planning walks. Please carry a copy of these trip notes with you, or note down the contact phone number for your accommodation (details in the travel section) should you need them in case of emergency.

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### Packing list - Discovery Tours

The UK has a famously unpredictable climate so it's best to be prepared for weather that's sunny one minute and raining the next. To make it easier, here's a list of items you should consider packing. Essentials Suitable, sturdy footwear with a good grip. You'll be on your feet for much of the day Waterproof jacket Waterproof overtrousers Sunhat Rucksack Water bottle (at least 1 litre capacity) Sunscreen Mobile phone UV sunglasses Recommended First aid kit, including plasters Sit mat Waterproof pouch for valuables Rubbish bag (remember to always leave no trace) Wallet/purse Optional extras Walking poles, Flask for hot drinks Durable lunch box Waterproof rucksack liner

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