

# 7 Night Scottish Highlands Guided Walking Holiday

**Trip style:** Guided Walking Holidays

**Destination:** 📍 Scottish Highlands

**Trip code:** GLC07-BOB01

**Grades:** ul 2, 5 & 6

**Carbon Footprint:** 🌱 137kg CO2



## HOLIDAY OVERVIEW

Get the full HF Holidays experience on this 7-night guided walking holiday in the Scottish Highlands. Let our experts lead you on walks amongst the looming peaks of Glen Coe and through heather-covered glens where wildlife like stags, red squirrels, otters, osprey, and eagles, are often spotted. Discover waterfalls and valleys around Kinlochleven, follow sections of the West Highland Way, and enjoy a free day to relax or explore, with options such

as riding the Jacobite steam train or a visit to Oban. For unforgettable views and a real sense of achievement, you can also tackle challenging routes along the Mamore ridge or summit Scotland's highest peak, Ben Nevis. Evenings are spent unwinding at our HF Country House with full-board meals and sociable company.

## WHAT YOU'LL LOVE

- Discovering the beauty of the Scottish Highlands on foot
- Taking the opportunity to bag a Munro
- Marvelling at magnificent peaks and stunning seascapes
- Finding exciting new routes with your HF Holidays Leader
- Spending time with like-minded people in the great outdoors
- Staying at Alltshellach, our country house in North Ballachulish

## WHAT'S INCLUDED

- Comfortable en-suite accommodation in our country house
- Cream tea on arrival day
- Cooked or continental breakfast every morning
- Daily packed lunches
- Three-course evening meals, plus tea & coffee
- Guided walking with experienced HF Holidays Leaders
- Choice of up to three guided walks (on walking days)
- All transport to and from walks where necessary
- Easy-to-follow routes, maps, and information in our Discovery Point if you want to explore independently

## TRIP SUITABILITY

This trip is graded Activity Levels 2, 5 and Level 6. Discover the dramatic scenery of the Scottish Highlands on our guided walks. We offer the opportunity to climb famous summits, with many 'Munros' (mountains over 3,000ft) on our itinerary. Alternatively explore the dramatic valleys and coastal paths seeking out the best viewpoints. Join our friendly and knowledgeable guides who will bring this stunning landscape to life.

Our experienced guides offer the choice of up to three different walks each day

Choose the option which best suits your interests and fitness

We provide flexible holidays. Join our guided walks, explore independently, or relax at Alltshellach

## ITINERARY

### **Day 1:** Arrival Day

Check-in at the hotel is available from 16:00. If you are a member you can arrive at the house from 14:00. Enjoy a complimentary cream tea at 16:30 and meet other guests.

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### **Day 2:** Ardgour - Strontian & Garbh Bheinn

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### **Day 3:** Glencoe

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### **Day 4:** Below Ben Nevis or the Mamores

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### **Day 5:** Free Day - Scottish Highlands

Discover more about Alltshellach and the local area for ideas on how to make the most of your free day.

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### **Day 6:** Above Loch Leven

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### **Day 7:** The Hills Beyond Ballachulish

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### **Day 8:** Departure Day

Enjoy a leisurely breakfast before making your way home.

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## Alltshellach

For a combination of mountain views, olde-worlde charm, and somewhere comfortable to sleep, this stately Scottish house in North Ballachulish has an enviable setting right on the shores of Loch Leven. The walking opportunities here are as every bit rugged and romantic as you'd expect, especially around Glen Coe, the Mamores, Kinlochleven, Bidean nam Bian, and Ben Nevis – the 1,345-metre-high peak towering above glistening lochans and glacial valleys in the north-west Highlands. You can also spend time in Fort William and ride the Hogwarts-esque Jacobite steam train as it makes its way through beauty spots such as Loch Eil, Glenfinnan, and Arisaig to the fishing port of Mallaig.

### A warm welcome

We want you to feel comfortable from the moment you arrive. You'll find a welcome pack in your room with guest registration forms, menus, order forms for dinners and picnic lunches, the Wi-Fi password, and the front door code. Our houses are locked at night, so we recommend noting the Duty Manager's number on arrival in case of an emergency (or getting locked out).

### Evening entertainment

While evening entertainment varies from house to house, HF Holidays Inter-House Quiz night held after dinner on Wednesdays is a weekly staple. Your HF Holidays leader may be around for tips on guided and self-guided walking routes as well as visit-worthy local attractions.

### Walks talks

Our HF Holidays walk leaders host guided walking information briefings before dinner on guided walking holiday arrival days. This is followed by a group Walks Talk for information on the following day's guided walks (held before dinner every evening). Self-guided walking guests are, of course, welcome.

### The walking day

Prior to setting off on guided walks, your HF Holidays Leader will run you through a short safety briefing. There's also an up-to-date weather forecast on display at the house to ensure you have appropriate clothing and footwear. If you choose to do your own walks or are on a self-guided walking holiday, we ask that you please complete an Independent Walker Card each day. These can be found near the Discovery Point in the house.

### Walking safety - SHARED WITH ALL

Walks may be changed for safety reasons and are subject to a maximum and minimum number of guests. Leaders always consider the safety of the group as a whole, and may need to alter or curtail the walk if the conditions dictate. Your leader may refuse to accept a guest where clothing, equipment or behaviour is unsuitable. In the event of a problem all leaders carry a mobile phone, first aid kit, group shelter, spare maps and a compass. Please note: If you choose to leave the group your leader is no longer responsible for you. If you have a particular health condition or disability please put this on your guest registration form. This information will be confidential to your leaders and the house manager, but leaders do need to take account of any issues when planning walks. Please carry a copy of these trip notes with you, or note down the contact phone number for your accommodation (details in the travel section) should you need them in case of emergency.

## **Packing list - UK Guided Walking (Scottish Holidays)**

The UK has a famously unpredictable climate so it's best to be prepared for weather that's sunny one minute and raining the next. To make it easier, here's a list of items you should consider packing. Essentials Suitable footwear such as waterproof walking boots that provide ankle support and good grip Waterproof and windproof jacket Comfortable clothing (jeans & waterproof capes are not suitable) Mid-layer(s) to keep you warm. Fleeces make a good choice Waterproof overtrousers Gloves and a warm hat Rucksack with waterproof liner Flask for hot drinks Water bottle (at least 1 litre capacity) Sunscreen UV sunglasses For holidays operating October through to the end of March, please also bring the following on your walks: spare warm clothing spare high energy food head torch and spare batteries please note for the October to March season your waterproof jacket needs to offer a high level of waterproofing and wind resistance, and a hood. Look for a waterproof jacket with sealed/taped seams and a minimum HH (hydrostatic head - this is the rating given on waterproof jackets) of 10,000mm+ Recommended Several base layers (long-sleeve or short-sleeve) Cushioned walking socks to avoid blisters First aid kit, including plasters and insect repellent Sit mat Waterproof pouch for valuables Rubbish bag (remember to always leave no trace) Wallet/purse Camera Walking poles Midge net

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