

7 Night Southern Yorkshire Dales Guided Walking Holiday

Trip style: Guided Walking Holidays

Destination:  Yorkshire Dales

Trip code: MDL07-BOB01

Grades: ul 2, 3 & 4

Carbon Footprint:  121kg CO2



HOLIDAY OVERVIEW

Get the full HF Holidays experience on a 7-night guided walking holiday in the Southern Yorkshire Dales. Let our expert leaders guide you over open moorland and through Malham's remarkable limestone landscapes, passing natural wonders including Gordale Scar, Janet's Foss, and the glacial waters of Malham Tarn. Spend time in picturesque market towns and villages like Settle and Grassington, and summit Pen-y-Ghent or Ingleborough, two

of the Yorkshire Three Peaks. Each evening, return to the comfort of our HF Country House Newfield Hall where full-board meals, exceptional service, and sociable nights among like-minded walkers, await.

WHAT YOU'LL LOVE

- Discovering the varied limestone landscapes of the Southern Yorkshire Dales on foot
- Walking classic Malhamdale routes to Gordale Scar, Janet's Foss, and Malham Tarn
- Following stretches of the Dales Way as we explore Wharfedale
- Wandering through charming Yorkshire villages
- The chance to climb one of the Yorkshire Three Peaks
- Choosing from up to three graded walks each day to suit your pace
- Staying at Newfield Hall, our country house near Malham, for sociable evenings

WHAT'S INCLUDED

- En-suite accommodation in our 4-star country house
- Cream tea on arrival day
- Cooked or continental breakfast every morning
- Daily packed lunches
- Three-course evening meals, plus tea & coffee
- Guided walking with experienced HF Holidays Leaders
- Choice of up to three guided walks (on walking days)
- All transport to and from walks where necessary
- Easy-to-follow routes, maps, and information in our Discovery Point if you want to explore independently

TRIP SUITABILITY

This trip is graded Activity level 2, level 3 and level 4. Explore the beautiful Yorkshire Dales on our guided walks. We offer a great range of walks to suit everyone - including gentle walks along the green valleys as well as opportunities to climb impressive local peaks. Join our friendly and knowledgeable guides who will bring this stunning national park to life.

Our experienced guides offer the choice of up to three different walks each day, choose the option which best suits your interests and fitness.

We provide flexible holidays. Join our guided walks, explore independently, or relax at Newfield Hall.

ITINERARY

Day 1: Arrival Day

Check-in at the hotel is available from 16:00. If you are a member you can arrive at the house from 14:00. Enjoy a complimentary cream tea at 16:30 and meet other guests.

Day 2: Airton, The River Aire and Malham

Day 3: Upper Wharfedale and Kettlewell

Day 4: Free Day - Southern Yorkshire Dales

Discover more about Newfield Hall and the local area for ideas on how to make the most of your free day.

Day 5: Wharfedale, Simon's seat and Bolton Abbey

Day 6: Ribblesdale and Pen-y-ghent

Day 7: Malham Cove

Day 8: Departure Day

Enjoy a leisurely breakfast before making your way home.

Newfield Hall

Looking every inch the baronial mansion, Newfield Hall sits in two acres of grounds near the village of Malham at the southern base of Yorkshire Dales National Park. Given it was this very landscape which inspired Wordsworth to write a sonnet and Charles Kingsley to pen *The Water Babies*, the countryside views are as gorgeous as you'd imagine. You'll also have plenty of sightseeing greats within easy travelling distance, most notably Malham Tarn, Janet's Foss, Gordale Scar, Malham Cove, and The Dry Valley of the Watlowes. And then, of course, there's Yorkshire's famous trio of summits: Pen-y-ghent, Wharfedale, and Ingleborough, collectively known as the three peaks. Stay at Newfield Hall and experience the exceptional service of a VisitEngland ROSE award winner. Find out more about the latest accolade awarded to our country house in the Southern Yorkshire Dales by reading our latest blog.

A warm welcome

We want you to feel comfortable from the moment you arrive. You'll find a welcome pack in your room with guest registration forms, menus, order forms for dinners and picnic lunches, the Wi-Fi password, and the front door code. Our houses are locked at night, so we recommend noting the Duty Manager's number on arrival in case of an emergency (or getting locked out).

Evening entertainment

While evening entertainment varies from house to house, HF Holidays Inter-House Quiz night held after dinner on Wednesdays is a weekly staple. Your HF Holidays leader may be around for tips on guided and self-guided walking routes as well as visit-worthy local attractions.

Walks talks

Our HF Holidays walk leaders host guided walking information briefings before dinner on guided walking holiday arrival days. This is followed by a group Walks Talk for information on the following day's guided walks (held before dinner every evening). Self-guided walking guests are, of course, welcome.

The walking day

Prior to setting off on guided walks, your HF Holidays Leader will run you through a short safety briefing. There's also an up-to-date weather forecast on display at the house to ensure you have appropriate clothing and footwear. If you choose to do your own walks or are on a self-guided walking holiday, we ask that you please complete an Independent Walker Card each day. These can be found near the Discovery Point in the house.

Walking safety - SHARED WITH ALL

Walks may be changed for safety reasons and are subject to a maximum and minimum number of guests. Leaders always consider the safety of the group as a whole, and may need to alter or curtail the walk if the conditions dictate. Your leader may refuse to accept a guest where clothing, equipment or behaviour is unsuitable. In the event of a problem all leaders carry a mobile phone, first aid kit, group shelter, spare maps and a compass. Please note: If you choose to leave the group your leader is no longer responsible for you. If you have a particular health condition or disability please put this on your guest registration form. This information will be confidential to your leaders and the house manager, but leaders do need to take account of any issues when planning walks. Please carry a copy of these trip notes with you, or note down the contact phone number for your accommodation (details in the travel

section) should you need them in case of emergency.

Packing list - UK Guided Walking

The UK has a famously unpredictable climate so it's best to be prepared for weather that's sunny one minute and raining the next. To make it easier, here's a list of items you should consider packing. Essentials Suitable footwear such as waterproof walking boots that provide ankle support and good grip Waterproof and windproof jacket Comfortable clothing (jeans & waterproof capes are not suitable) Mid-layer(s) to keep you warm. Fleeeces make a good choice Waterproof overtrousers Gloves and a warm hat Rucksack with waterproof liner Flask for hot drinks Water bottle (at least 1 litre capacity) Sunscreen UV sunglasses For holidays operating October through to the end of March, please also bring the following on your walks: spare warm clothing spare high energy food head torch and spare batteries please note for the October to March season your waterproof jacket needs to offer a high level of waterproofing and wind resistance, and a hood. Look for a waterproof jacket with sealed/taped seams and a minimum HH (hyrodstatic head - this is the rating given on waterproof jackets) of 10,000mm+ Recommended Several base layers (long-sleeve or short-sleeve) Cushioned walking socks to avoid blisters First aid kit, including plasters and insect repellent Sit mat Waterproof pouch for valuables Rubbish bag (remember to always leave no trace) Wallet/purse Camera Walking poles
