

Best of Anglesey Coast Path Guided Trail

Trip style: Guided trails

Destination: 📍 Wales

Trip code: XUA07-LDW11

Grades: 1, 3

Carbon Footprint: 🌱 147kg CO2



HOLIDAY OVERVIEW

Located just off the mainland's northwest coast, the Welsh island of Anglesey delights with wonderful walking trails, great beaches, ancient castles, and an impressive coastline. It's also one of the best places in Britain for birdwatching, with thousands of rare bird species flocking to its scenic shores every year. Holiday highlights include spending time on the picturesque Llanddwyn Island, and admiring the 19th century South Stack Lighthouse perched on its own tiny island off the far west coast.

WHAT YOU'LL LOVE

- Discovering the beautiful landscapes of Anglesey on foot
- Visiting Llanddwyn Island (tides permitting)
- Walking miles of coastline and spotting all sorts of wildlife
- Relaxing on the beautiful sandy beaches
- Admiring South Stack Lighthouse
- Appreciating the peacefulness and slower pace of life
- A more personalised experience thanks to small group sizes (maximum 15 people)

WHAT'S INCLUDED

- Comfortable en-suite rooms in our partner accommodation(s)
- Cooked or continental breakfast every morning
- Daily packed lunches
- Three-course evening meals, plus tea & coffee
- Guided walks with an experienced HF Holidays Leader
- All transport to and from walks where necessary

TRIP SUITABILITY

This Best of the Anglesey Coast Path Guided Walking /Island Hopping holiday is graded 3 which involves walks /hikes on good paths with some significant ascents, often quite a distance each day. It is your responsibility to ensure you have the relevant fitness required to join this holiday. A sustained effort is required to complete this walk and provision cannot be made for anyone who opts out. Please be sure you can manage the daily mileage and ascent as listed. The walking day is normally 6-7 hours. It is important for your own enjoyment, and that of your fellow guests that you can maintain the pace. It makes a lot of sense to spend time getting some additional exercise before your holiday. We suggest that you try to fit in a number of longer walks, including some on hilly terrain. Other exercises such as cycling, jogging and swimming are also excellent for developing increased stamina.

Your fitness

Having a solid base of fitness before your holiday will ensure you've the best chance of completing the holiday and enjoying it to boot. Here's a few simple tips to help you get fit and ready for your challenge:

- Get out walking - whether the weather, get out there, and start building your fitness months before your holiday
- Build your distance gradually and get a number of 6-8hr hill days in
- Ideally, try and do two consecutive days training if possible
- Take the stairs every time
- Train on different terrain
- Train with your day pack and your walking boots too, to ensure they're well worn in before your holiday
- Other sports help improve your walking fitness too. The best ones are jogging, cycling, swimming, which will

- build your stamina, and yoga which will help strengthen your core and improve balance
- Time training will help ensure you enjoy your holiday to the max.

ITINERARY

Day 1: Arrival Day

You're welcome to check in at the Bulkeley Hotel from 4pm. Our leader will meet the group in the hotel reception at 6:30pm and they'll provide a short introduction to the holiday before dinner. Days 2 to 7 are walking days. The walks are listed below in clockwise order around the coast of Anglesey, but won't necessarily happen on the days shown. Changes will be made depending on tide times and weather conditions.

Day 2: Newborough Beach and Llanddwyn Island

Distance: 10 miles (16km) Ascent: 450 feet (140m) A stunning walk exploring the south-east of Anglesey. Starting near Dwyran, we walk through Newborough Nature Reserve, past sand dunes and through the forest to the beach. This area is home to red squirrels, lizards and more, plus inspirational views across to Snowdonia and the Llyn peninsula. A visit to Llanddwyn Island (tides permitting) before we end the day in Malltreat, having crossed the estuary on the cob.

Day 3: Holyhead Island

Distance: 10 miles (16km) Ascent: 1,850 feet (560m) Holyhead Island, including South Stack and Holyhead Mountain. One of the most dramatic sections of the coastline, wild and unspoilt landscapes, the spectacular setting of South Stack lighthouse, and the highest point on the island (Holyhead Mountain), plus superb wildlife watching opportunities from the RSPB's Twr Elin.

Day 4: Church Bay

Distance: 12 miles (19.5km) Ascent: 1,300 feet (400m) Starting in Church Bay beside the Swtan heritage museum, we explore the remotest section of the island's coastline around the north-west corner to Cemaes. This wildlife haven is home to seals, Artic Terns and much more. You will also have good views back to Holy Island and out to the Skerries.

Day 5: Most Northernly Point of Wales

Distance: 10 miles (16km) Ascent: 1,200 feet (360m) Starting where we finished at Cemaes, we head to the most northerly point in Wales today, then watch out for seals, porpoise and dolphins playing in the shelter of Bull Bay. On to Amlwch before we hop on our coach for a visit to the Mars-like landscapes of the Parys Mountain old copper mines.

Day 6: Estuary, Lligwy Bay and Moelfre

Distance: 11 miles (18km) Ascent: 1,400 feet (420m) We start by going out to Llanelian lighthouse and then make our way along the cliffs, before turning inland around Traeth Dulas estuary and then via beautiful Lligwy Bay to Moelfre with its lifeboat station and visitor centre.

Day 7: Above Red Wharf Bay and Back To Beaumaris

Distance: 10½ miles (16.5km) Ascent: 900 ft (280m) This leg takes us from above the wide expanse of Red Wharf Bay to Beaumaris Castle. One section of the path is inland around Penmon Priory. We have stunning views out over Snowdonia and also Puffin Island, together with a visit to Trwyn Du lighthouse.

Day 8: Departure Day

Bulkeley Hotel - Anglesey

The 3* historic Bulkeley Hotel is located in the heart of the picturesque castle town of Beaumaris. Just a short walk from the beach, the Bulkeley gives us the perfect, on the island, base for our holiday. Comfortable ensuite rooms, beautiful gardens and outdoor terrace, where we can relax after our days walks. This hotel is dog-friendly so you may meet four legged friends in some of the communal areas.