

# 7 Night North York Moors Family Walking Adventure

**Trip style:** Family walking holidays

**Destination:** 📍 North York Moors

**Trip code:** WBY07-FAM01

**Grades:** ul 1, 2 & 3

**Carbon Footprint:** 🌳 161kg CO2



## HOLIDAY OVERVIEW

It's easy to see the appeal of our family holidays in Whitby. Famous for its showstopping abbey, Dracula connections, and seriously good fish and chips, this seaside stalwart has plenty to please. Hunt for fossils on the sands of West Cliff Beach, explore the ghostly ruins of Whitby Abbey, and climb to the top of Roseberry Topping for epic views over the Yorkshire Coast. There's also the chance to ride a Hogwarts Express-style steam train through

the countryside and enjoy tales of smugglers, piracy, and plunder on a clifftop coastal walk to Robin Hood's Bay.

## WHAT YOU'LL LOVE

- Under 11s GO FREE
- Playing or relaxing on two beautiful beaches
- Visiting Goathland, the setting of Harry Potter's Hogsmeade Station
- Spending time in the beautiful village of Staithes
- Exploring the Captain Cook museum
- Climbing Roseberry Topping

## WHAT'S INCLUDED

- Family rooms available subject to availability
- Comfortable en-suite accommodation in our country house
- Cream tea on arrival day
- Cooked or continental breakfast every morning
- Daily packed lunches
- Three-course evening meals tailored towards families, plus tea & coffee
- Guided walking with experienced HF Holidays Leaders
- Choice of up to four guided walks (on walking days)
- All transport to and from walks where necessary
- Easy-to-follow routes, maps, and information in our Discovery Point if you want to explore independently

## TRIP SUITABILITY

This holiday is ideal for families with children 4+yrs. Please check you can manage the daily walks distance and ascents, detailed in your itinerary. The walking day is normally 6 to 8 hours.

This is a graded Activity Level 1, Level 3 and Level 4.

There are three different length guided walks to choose from each walking day.

Level 1 - Short walks of 3-4 miles with up to 700 feet of ascent are on easier terrain at a gentle pace.

Level 3 - Mid-range walks are 6-7 miles with up to 1,000 feet of ascent.

Level 4 - Longest walks are around 10- 12 miles with up to 2,000 feet of ascent in more remote areas with steeper gradients.



## ITINERARY

### **Day 1:** Arrival Day

Check-in at the hotel is available from 16:00. If you are a member you can arrive at the house from 14:00 in 2026. Enjoy a complimentary cream tea at 16:30 and meet other guests. What your kids will love: Exploring the grounds of Larpool Hall, meeting other families and making new friends.

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### **Day 2:** The Ravenscar Coast

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### **Day 3:** Dales of the Esk Way

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### **Day 4:** Explore Independently

Each week there's a free day when no guided walks are offered. This is an ideal opportunity to relax around the house, play in the garden, or visit local places of interest. Here's our pick of the best things to see and do within easy reach of Larpool Hall. Yorkshire Coast Boat Trips You'll find plenty of boat trips on offer from Whitby. With a two-hour round trip, you'll be in with a chance of spotting seals, dolphins, or even whales. Cleveland Ironstone Mining Museum Based in Saltburn-by-the-Sea, this mining museum is built on the site of a former ironstone mine. Take the tour and you can get beneath the surface and find out exactly what life as a miner was like. Pannett Park Right in the centre of Whitby, Pannett Park is spread over many hectares and includes a play area for all ages and a Jurassic Garden with plants echoing plant life from the age of the dinosaurs. North Yorkshire Moors Railway With steam and diesel engines, the North York Moors Railway offers a wonderful way to see the moors. The route winds its way from Whitby to Goathland and Pickering.

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### **Day 5:** Heartbeat Country Around Goathland

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### **Day 6:** Along the Smuggler's Coast

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### **Day 7:** Captain Cook Country

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### **Day 8:** Departure Day

Enjoy a leisurely breakfast before making your way home.

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## Larpool Hall

Given that the Yorkshire coast never loses its capacity to enchant, it's easy to see the appeal of this Grade II-listed house overlooking the Esk Valley and the North Sea. The setting is perfect; in the former fishing town of Whitby that's best known for its fish and chips, quaint harbour, and Dracula connections (Irish author Bram Stoker drew his inspiration for his Gothic novel when holidaying here in 1890). You'll have all the sightseeing greats within walking or driving distance, including the 13th century Whitby Abbey, the wonderful Whitby Sands, and the 199 Steps leading up to the old St. Mary's Church (it's customary to count them as you climb). Not only are the North York Moors right on your doorstep, but the walk along Cleveland Way to Robin Hood's Bay is rather special, too.

### A warm welcome

We want you to feel comfortable from the moment you arrive. You'll find a welcome pack in your room with guest registration forms, menus, order forms for dinners and picnic lunches, the Wi-Fi password, and the front door code. Our houses are locked at night, so we recommend noting the Duty Manager's number on arrival in case of an emergency (or getting locked out).

### Evening entertainment

While evening entertainment varies from house to house, HF Holidays Inter-House Quiz night held after dinner on Wednesdays is a weekly staple. Your HF Holidays leader may be around for tips on guided and self-guided walking routes as well as visit-worthy local attractions.

### Walks talks

Our HF Holidays walk leaders host guided walking information briefings before dinner on guided walking holiday arrival days. This is followed by a group Walks Talk for information on the following day's guided walks (held before dinner every evening). Self-guided walking guests are, of course, welcome.

### The walking day

Prior to setting off on guided walks, your HF Holidays Leader will run you through a short safety briefing. There's also an up-to-date weather forecast on display at the house to ensure you have appropriate clothing and footwear. If you choose to do your own walks or are on a self-guided walking holiday, we ask that you please complete an Independent Walker Card each day. These can be found near the Discovery Point in the house.

### Safety information - SHARED WITH ALL (Family walking)

Who's the boss? Please note that parents are responsible for their children at all times; our leaders are not permitted to run activities without other adults present. All leaders undergo a thorough assessment so you can relax and enjoy your holiday knowing that you are in safe hands. On the first evening of your holiday, your leaders give a short talk about safety on walks which we would like you to attend. Walks may be changed for safety reasons and are subject to a maximum and a minimum number of guests. Leaders always consider the safety of the group as a whole and may need to alter or curtail the walk if the conditions dictate. Your leader may refuse to accept a guest while clothing, equipment, or behaviour is unsuitable. In the event of a problem, all leaders carry a mobile phone, first aid kit, group shelter, spare maps, and a compass. Please note: If you choose to leave the group your leader is no longer responsible for you. If you have a particular health condition or disability please put this on your guest

registration form. This information will be confidential to your leaders and the house manager, but leaders do need to take account of any issues when planning walks. Kids on their own: Any teenager aged 14 years or over can leave you at the starting line and join a walk unaccompanied on the basis they can look after themselves. Children under 14 will need to be accompanied by an adult on walks; however, this does not need to be a parent or legal guardian. Please note, coaches used on this holiday all comply with UK law, and may not have seat belts suitable for children. Where children are under 3yrs of age, they must not travel in the front seat on coaches, nor on the back seat of coaches. For more information please visit: <https://www.gov.uk/child-car-seats-the-rules/when-a-child-can-travel-without-a-car-seat>

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### **Packing list - UK Guided Walking**

The UK has a famously unpredictable climate so it's best to be prepared for weather that's sunny one minute and raining the next. To make it easier, here's a list of items you should consider packing. Essentials Suitable footwear such as waterproof walking boots that provide ankle support and good grip Waterproof and windproof jacket Comfortable clothing (jeans & waterproof capes are not suitable) Mid-layer(s) to keep you warm. Fleeeces make a good choice Waterproof overtrousers Gloves and a warm hat Rucksack with waterproof liner Flask for hot drinks Water bottle (at least 1 litre capacity) Sunscreen UV sunglasses For holidays operating October through to the end of March, please also bring the following on your walks: spare warm clothing spare high energy food head torch and spare batteries please note for the October to March season your waterproof jacket needs to offer a high level of waterproofing and wind resistance, and a hood. Look for a waterproof jacket with sealed/taped seams and a minimum HH (hydrostatic head - this is the rating given on waterproof jackets) of 10,000mm+ Recommended Several base layers (long-sleeve or short-sleeve) Cushioned walking socks to avoid blisters First aid kit, including plasters and insect repellent Sit mat Waterproof pouch for valuables Rubbish bag (remember to always leave no trace) Wallet/purse Camera Walking poles

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