

# 3 Night Western Yorkshire Dales Festive Self-Guided Walking Holiday

**Trip style:** Self-guided walking

**Destination:**  Yorkshire Dales

**Trip code:** SDB03-PXA03

**Grades:** ul 1, 2, 3 & 4

**Carbon Footprint:**  70kg CO2



## HOLIDAY OVERVIEW

Spend the festive season in the Yorkshire Dales and head out on winter walks in the part of the national park that dips its toe into both Cumbria and Lancashire. And when you're not busy exploring the wintry scenery of the dales, cosy up in Thorns Hall – our charming country house in Sedbergh. We pull out all the stops at this time of year and our houses welcome you with a sprinkling of festive cheer, seasonal food, and plenty of yuletide treats. So wrap up

warm and step into Christmas with HF Holidays.

## WHAT YOU'LL LOVE

- Getting into the festive spirit with a self-guided walking holiday
- Staying in our country house in the market town of Sedbergh
- Heading out on your choice of winter walks
- The easy-to-follow routes and maps available in our Discovery Point
- Discovering the stunning landscapes of Western Yorkshire Dales on foot

## WHAT'S INCLUDED

- En-suite accommodation in our 4-star country house
- Cream tea on arrival day
- Cooked or continental breakfast every morning
- Daily packed lunches
- Three-course evening meals, plus tea & coffee
- Easy-to-follow routes, maps, and information available in our Discovery Point if you want to explore independently

## TRIP SUITABILITY

This trip is graded Activity Level 1, 2, 3 and 4.

To make the most of your break use the **Discovery Point** at Thorns Hall - the starting point for your outdoor adventure.

You'll find our recommended walking and cycling routes - detailed route notes for you to borrow contain route maps, and information about the places of interest on the walk. There's also a comprehensive library of local maps and guidebooks.

**When you're not walking,** there's plenty to do locally. Try the quiet country lanes of Dentdale by bike, browse Sedbergh's numerous book shops, or take a ride on the Settle to Carlisle railway. See the 'Local Area' tab for further ideas.

## ITINERARY

### **Day 1:** Arrival Day

Check-in at the hotel is available from 16:00. If you are a member you can arrive at the house from 14:00. Enjoy a complimentary cream tea at 16:30 and meet other guests.

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### **Day 2-3:** Full on Walks

These walks are ideal for those with more stamina who can push themselves to go that extra mile. Some routes will start from the house, but some may require the use of a car. Public transport may not be possible for every route in this category due to remote locations. The walks you'll find in our Discovery Point at Sedbergh range from 8 to 11 miles and visit popular fells such as The Calf, Ingleborough, and Whernside.

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### **Day 2-3:** Laid Back Walks

Our easiest selection means walking at a relaxed pace, often stopping and spending time at places of interest along the way. Some are circular walks that start and end on the doorstep of our country house; others make use of local transport whilst remaining close to the property. The walks you'll find in our Discovery Point at Sedbergh range from 2 to 4 miles and visit popular areas such as Wensleydale and the Smardale Viaduct, and follow the River Rawthey.

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### **Day 2-3:** Leg Stretcher Walks

These are a selection of longer walks on well-graded paths that allow you to discover local highlights and viewpoints. These routes are often further from the house but still offer walks that start and end on the doorstep of the property, plus options for guests travelling by public transport or car. The walks you'll find in our Discovery Point at Sedbergh range from 7 to 8 miles and visit popular areas such as Smardale Gill and Aysgarth Falls, as well as following sections of the Dales Way.

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### **Day 4:** Departure Day

Enjoy a leisurely breakfast before making your way home.

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## Thorns Hall

Delivering on all fronts for countryside lovers, this cosy Grade II-listed manor house is just a skip away from Sedbergh – the Cumbrian market town treasured for its cobbled streets, public school, artisan shops, and bookshops (it's known as England's official book town for good reason). You'll also have the Yorkshire Dales National Park on your doorstep as well as the Howgill Fells - the small group of hills adored by legendary fellwalker, illustrator, and guidebook author Alfred Wainwright. The walking opportunities here are outstanding, but if you fancy travelling further afield there's Kendal (home of the mint cake), Hawes, Wensleydale, Appleby-in-Westmorland, and Lake Windemere all within easy driving distance.

### A warm welcome

We want you to feel comfortable from the moment you arrive. You'll find a welcome pack in your room with guest registration forms, menus, order forms for dinners and picnic lunches, the Wi-Fi password, and the front door code. Our houses are locked at night, so we recommend noting the Duty Manager's number on arrival in case of an emergency (or getting locked out).

### Evening entertainment

While evening entertainment varies from house to house, HF Holidays Inter-House Quiz night held after dinner on Wednesdays is a weekly staple. Your HF Holidays leader may be around for tips on guided and self-guided walking routes as well as visit-worthy local attractions.

### Walks talks

Our HF Holidays walk leaders host guided walking information briefings before dinner on guided walking holiday arrival days. This is followed by a group Walks Talk for information on the following day's guided walks (held before dinner every evening). Self-guided walking guests are, of course, welcome.

### The walking day

Prior to setting off on guided walks, your HF Holidays Leader will run you through a short safety briefing. There's also an up-to-date weather forecast on display at the house to ensure you have appropriate clothing and footwear. If you choose to do your own walks or are on a self-guided walking holiday, we ask that you please complete an Independent Walker Card each day. These can be found near the Discovery Point in the house.