

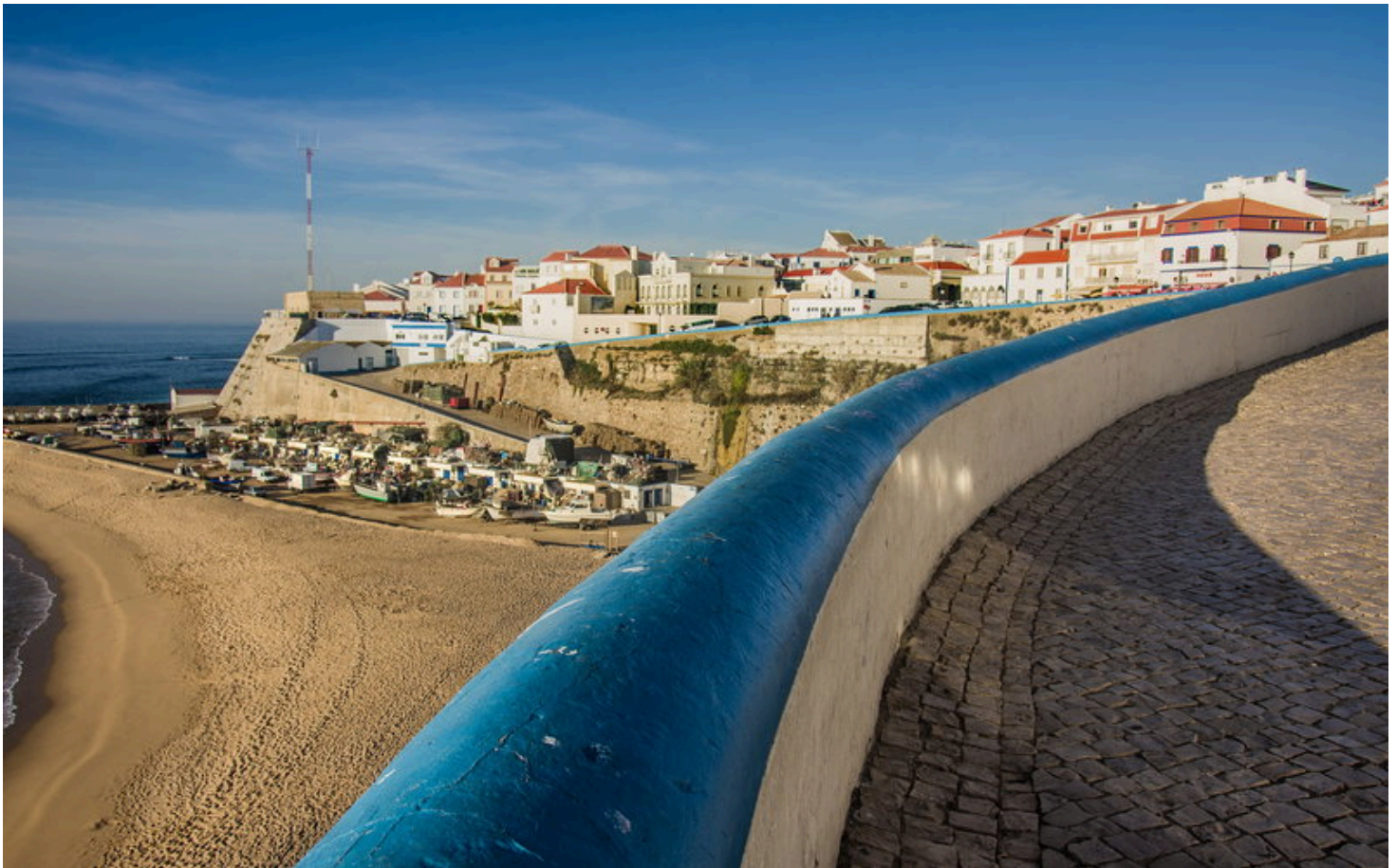
Portugal: Capital & Coast

Trip style: European holidays

Destination: 📍 Portugal

Trip code: ERI07-LCL09

Grades: 1 & 2



HOLIDAY OVERVIEW

Portugal continues to raise the bar high for its impressive wine regions, glittering beaches, medieval castles, botanical wonders, culture-soaked towns and villages, and rural heartlands. Staying in the charming coastal town of Ericeira, you're assured a balanced mix of city sightseeing and coastal charms. Look forward to UNESCO-listed treasures in Lisbon, undeniably beautiful beaches backed by Atlantic waters, and a wealth of diverse landscapes explored on foot.

WHAT YOU'LL LOVE

- Exploring compact and cosmopolitan Lisbon
- Discovering the fairytale-like palaces of Sintra
- Soaking up Atlantic Ocean views on coastal walks
- Travelling to Cabo da Roca, the most westerly point in Europe
- Visiting Mafra to marvel at its extravagant palace
- Sampling Portuguese food paired with fine wines

WHAT'S INCLUDED

- Full programme of guided walks led by local HF Holidays Leaders
- Comfortable accommodation
- Half-board (breakfast and evening meal)
- All sightseeing and entrance fees (as per itinerary)
- Air-conditioned transport
- Return flights from the UK including hold baggage and airport transfers

TRIP SUITABILITY

This is a level 1 and level 2 graded Activity, Easier walks: 4 to 6 miles (8 to 14½km) generally on good paths and tracks. Up to 700 feet (210m) of ascent in a day. Harder walks: 5 to 9 miles (8 to 14½km) generally on good paths and tracks with some rougher sections. Up to 1,200 feet (360m) of ascent in a day.

ITINERARY

Hotel Vila Galé Ericeira - Lisbon Coast

Located in a traditional village in an enviable sea front location, the historic 4-star Hotel Vila Galé Ericeira is a local landmark building, listed for its unique green tiling. Low tide exposes the rocks immediately in front of the hotel and a lovely sandy beach. Guests can relax at the health club which offers sauna, Turkish bath, hot tub and spa treatments. Rooms with balconies and sea views are available.

Outside the hotel is a swimming pool overlooking the sea and attractive gardens.

Inside, there are several bars, main restaurant and a wellness centre with a sauna, Turkish bath, gym and Jacuzzi, which are free of use for guests of the hotel. A wide range of health and beauty treatments are also available for a small charge.

The hotel also offers a laundry service and free Wi-Fi.