

Lake Bled & Slovenian Alps

Trip style: Guided Walking Holidays

Destination: 📍 Slovenia

Trip code: LBJ07-LCL09

Grades: 1, 2 & 4

Carbon Footprint: 🌱 587kg CO2



HOLIDAY OVERVIEW

Natural wonders come thick and fast as we explore Slovenia's beautiful landscapes in and around Triglav National Park and the spectacular Julian Alps. Enjoy gentle strolls around the blue-green waters of Lake Bled, trek through Vintgar Gorge and take a cable car to the upper reaches of Mount Vogel for views over the 2,864-metre peak of Mount Triglav – Slovenia's tallest mountain. There'll also be walks through the Mostnica Gorge and an opportunity to visit Slovenia's cosmopolitan capital, Ljubljana, on your free day.

WHAT YOU'LL LOVE

- Walking in Triglav National Park
- A cable car ride up Mount Vogel
- Hiking along the Mostnica Gorge
- Discovering a trio of lakes; Bled, Bohinj, and Jasna
- Taking in the views from Debela Peč
- Crossing the Vršič Pass

WHAT'S INCLUDED

- Return flights from London Heathrow, including baggage and transfers
- A choice of 2 guided walks per day with local leaders (on walking days)
- HF Holidays Tour Manager
- 7 nights' accommodation in Bled
- 7 breakfasts & 7 dinners
- All in-destination transport

TRIP SUITABILITY

This is a level 2 and level 4 graded Activity, Easier walks: 6-9 miles (10-14½km) generally on good paths, with some rocky sections. Up to 1,200 feet (350m) of ascent in a day. Harder walks: 7 to 11 miles (11 to 17½km) with some steep ascents and descents. There are also some rocky and exposed sections. Up to 2,900 feet (900m) of ascent in a day. Our visit to Kranjska Gora also has descents over the day of 520m (easier) / 1220 m (harder)

In view of the changing weather experienced in this area, alternative walks may be arranged at the discretion of our local leaders.

Please note: On day 7 when visiting Vintgar Gorge, helmets are obligatory for all walkers in the Vintgar Gorge and a helmet is provided at the entrance.

ITINERARY

Hotel Astoria - Julian Alps

The Hotel Astoria is a compact and stylish 3-star hotel and offers a great location for our holidays, with Bled town centre, the lake shore and castle all within walking distance. The comfortable en-suite bedrooms are decorated in a contemporary style and some rooms offer balconies. Facilities at the hotel include a wellness centre with sauna and spa pool, as well as a gym and bar with out door terrace.

Leading off the reception area there is a large and airy lounge and bar area with comfortable seating and tourist literature. To the other side the restaurant has fresh and modern decor, opening onto an attractive terrace area where guests can sit and enjoy the view with a coffee when the Café Astoria is open 8am-12pm / 5pm-10pm.

Complimentary wireless internet access is available in all public areas. There is a 24-hr reception service.

The hotel has a Wellness Centre open every day from 2pm until 9pm. There is a large variety of treatments offered at an additional charge and access to the gym is free to our guests.

Vaccinations & health information - SHARED WITH ALL EU NEW 2026

Before booking, you should check with your doctor to see whether any health precautions are needed for your trip. Health advice and requirements can change, so we recommend doing this in good time before travel. As a general rule, travellers should ensure they are up to date with routine UK vaccinations and boosters, including, for example, MMR and diphtheria, tetanus and polio. Some countries may require you to have specific vaccinations such as Malaria, Rabies and Yellow Fever. Please check with your GP if you are unsure. Please note that the use or possession of some common prescription or over-the-counter medicines is restricted or banned in certain countries. If you will be carrying medication, you should check with the relevant embassy or consulate before travelling. As an extra precaution, we recommend keeping medication in its original packaging, carrying a copy of your prescription, and, where possible, asking your pharmacist to provide the medication name in the language of the country you are visiting. For further country-specific health advice, visit www.fitfortravel.nhs.uk or www.traveldoctor.co.uk. If you are travelling from outside the UK, please consult your own doctor and check local entry requirements.

Passport & Visa information - SHARED FOR ALL EU NEW 2026

This information is for those travelling with a full 'British Citizen' passport; for all other nationalities or passport holders, please check with your local consulate for advice. **Passport Requirements** This information applies to travellers holding a full British Citizen passport. Entry requirements vary by destination and can change at short notice. For most EU and worldwide destinations, passports must be valid for the entire duration of your stay. Some countries also require a minimum period of validity remaining on your passport (often up to 6 months beyond your return date), even if you are not staying that long. We strongly recommend ensuring your passport has at least six months' validity remaining at the time of travel to avoid any issues. If you hold a different type of British passport or a passport issued by another country, you must check the requirements with the relevant embassy, consulate, or official government website. **Visa Requirements** Visa rules depend on your nationality, destination, length of stay, and purpose of travel, and they can change frequently. It is your responsibility to check whether you require a visa before travelling. British passport holders should check the latest entry, passport validity and visa requirements for their destination on the UK government's Foreign, Commonwealth & Development Office (FCDO) website: <https://www.gov.uk/foreign-travel-advice>

Packing list - Overseas Guided Walking

It's best to be prepared for all weather conditions. To make it easier, here is a list of items you should consider packing. Essentials Walking boots Waterproof jacket Waterproof trousers Insulated jacket/top Walking clothing Walking socks (plus spares) Sunhat Gloves/mitts and warm hat Water bottle (minimum 2 litre capacity) Headtorch High-factor sunscreen (minimum SPF 30) Sunglasses with a dark lens Rucksack (15-30 litres) Mobile phone Personal first aid kit (containing your medication, blister plasters, etc.) Passport Visa (if applicable) Copy of your travel insurance policy UK Global Health Insurance Card (formerly known as EHIC) Recommended Collapsible walking poles Swimwear and travel towel Snacks Dry bags Rubbish bags Insect repellent Optional extras Camera Sit mat Flask for hot drinks Durable lunch box Gaiters GPS device (excluding Bhutan, Georgia and India)
